



CASTrips

Creativity, Activity, Service

Berlin
Sample Itinerary





CAS Trips

Creativity, Activity & Service

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Please note, this is a sample itinerary - all destinations, activities and timeframes can be adapted. CAS Trips are 100% customizable to your needs. Contact us to find out more.

Carbon Neutral CAS Trips



Carbon Offsetting

The process of compensating for carbon dioxide emissions arising as a result of travel, by participating in schemes designed to make equivalent reductions of carbon dioxide in the atmosphere.

carbon neutral

Being Carbon Neutral

Means you do things, such as carbon offsetting, to reduce carbon dioxide by the same amount as you produce while traveling.

CAS Trips calculate each participant's carbon footprint using the  south pole emissions calculator and offset your trip's carbon output by protecting rainforests around the world in partnership with **STAND FOR TREES**

Click to find out more about the incredible projects you will be supporting:





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Day 1 – Arrival

Activity	Description
Airport pick-up	Your dedicated CAS Trips tour guides will meet you at the airport and via private transfer take you to your accommodation for check-in
Check-in, Rest & Relax	Check in to your accommodation and relax following the long day traveling.
Walking tour: Historical Berlin	This introductory tour of Berlin focuses on the city's explosive history as we embark on a journey through the centuries, with particular focus on 20-21 st century history.
Evening Meal	A selection of international cuisine.



Day 2 – Creativity

Activity	Description
Street Art tour and workshop	Students will receive expert tuition from professional street art and graffiti artists and create their own design canvases.
Lunch	Taste wonderful Asian flavours in Kreuzberg.
Sustainable Design Tempelhof Challenge	<p>Hosted by our professional design team partners, students are introduced to the history and incredible community function of the famous Tempelhof Fields and how it was saved from ruin and industrial development to be turned into a public park.</p> <p>In small teams, students must then interview locals and design a community project plan based on their findings.</p>
Evening Meal	Visit a central restaurant and indulge in some delicious foods.



Day 3 – Activity

Activity	Description
The Refugee Tour	On this compelling tour, one brave newcomer to the city of Berlin opens up their heart and world to show you Berlin through their eyes.
Lunch	We finish the tour at the guide’s family-run Syrian restaurant.
Urban Kayaking	Take an exhilarating yet leisurely 2-3 hour paddle down the River Spree, exploring some of Berlin’s most beautiful sights from water level.
Evening Meal	Choose from a range of international cuisine.
Service Challenge: UN Changemakers Challenge	<p>In this unique CAS Trips workshop, students will learn about the UN Sustainable Development Goals, investigate how they could impact their own communities and receive the tools and frameworks to plan, organize and implement a long-term collaborative CAS Project that will have a positive impact back home.</p> <p>Teams can submit their projects for a chance to win an all-expenses paid CAS Trip to Prague, Medellin or New York!</p>



Day 4 – Service

Activity	Description
Service Challenge: Volunteer forum & Refugee Aid Project	<p>Meet volunteers and refugee subjects from one of Berlin’s pioneering NGOS who focus on assimilation and integration. Hear about their experiences, engage in Q&A and discover the day-to-day realities of voluntary work.</p> <p>Following this, small teams of students are tasked with creating and planning a long-term refugee aid project on a ‘Think Global, Act Local’ basis.</p>
Lunch	Enjoy a packed lunch.
Service Challenge: Urban Organic Gardening	Students will come to understand the benefits of community collaboration and environmental issues as they roll up their sleeves and volunteer at a community garden.
Evening Meal	Enjoy a dinner at one of Berlin’s leading eco restaurants.
Reflections Workshop	Reflection is a key core feature of IB pedagogy and in this innovative workshop, students will be tasked with analyzing their own CAS Trips experiences – individually and in a group symposium - in relation to the 7 Learning Outcomes and creating their own personal reflections using innovative and creative mediums.



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Day 5 – Departure

Activity	Description
Souvenir Shopping	Your guide will lead you to one of Berlin's finest shopping districts where you can enjoy the city's many fantastic retail experiences!
Airport Drop-off	Your dedicated CAS Trips tour guides will accompany you to your transport terminal and wave you off at the departure gate.



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Have questions or need further information?

Get in touch



+420 255 71 26 52



info@castrips.org



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