



CASTrips

www.castrips.org

*Creativity,
Activity,
Service*

Edinburgh Trip Proposal

For questions or bookings please contact us at:

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Creativity, Activity & Service

Edinburgh 5 Day Itinerary

Day 1 – Arrival

| Activity | Description |
|---|--|
| Airport pick-up | Your dedicated CAS Trips tour guides will meet you at the airport and via private transfer take you to your accommodation for check-in |
| Check-in, Rest & Relax | Check in to your accommodation and relax following the long day traveling. |
| Walking Tour: Edinburgh's Old Town | A fascinating introduction to the unique history and culture of Edinburgh's UNESCO listed old town by night! |
| Evening Meal | A traditional Scottish meal in the heart of Edinburgh's old town. |
| Carlton Hill Sunset | We climb Edinburgh's iconic hill for a sunset you'll never forget |



Day 2 – Activity

| Activity | Description |
|------------------------------------|--|
| National Museum of Scotland | We explore the diversity of the natural world, world cultures, art and design, science and technology and Scottish history, all in one amazing building. |
| Lunch | Packed lunch |
| The Highland Games | <p>With the spectacular backdrop of the inspirational Scottish countryside, we divide the students up into smaller teams to compete in the CAS Trips Highland Games.</p> <p>Teams must decide which competitors are best suited to each event, with all competitors participating in at least one event. Team collaboration and support will be key as the teams battle it out for the ultimate prize – the Haggis Trophy!</p> |
| Evening Meal | Hearty Scottish food near to the accommodation. |
| The Dark Side Tour | A spooky introduction to the darker side of Edinburgh's history, with some spooky tales from the city's eerie past to electrify the wonderful central location and an insight into the role of storytelling in Scottish society. |



Day 3 – Activity & Service

| Activity | Description |
|--|---|
| Scottish Story Telling Workshop | As one of the last nations in Europe to receive the written word, storytelling came to be an extremely valued and treasured aspect of Scottish community and we discover just how, as master storytellers recount enchanting tales both old and new, introducing a short history of the Gaelic language before students are tasked with writing a story of their own, to be shared at the final day's Ceilidh |
| Lunch | Packed lunch. |
| Community Service Fundraising Challenge | In partnership with the Grassmarket Project, students are challenged to raise funds for a noble cause by selling products they produced in workshops. Groups will need to test their skills in communication and persuasion to sell as many products as they can in a 90 minute window. All proceeds go towards the Grass Market's "Education in Africa Initiative". |
| Evening Meal | At the Mosque Kitchen |



Day 4 – Creativity & Service

| Activity | Description |
|--|--|
| Changemakers Challenge & Reflections Workshop | In this unique CAS Trips workshop, you will learn about the UN Sustainable Development Goals and the tools and frameworks to plan, organize and engage in a long-term collaborative team CAS Project that will have a positive impact on your community back home. |
| Lunch | Lunch, provided by the Grassmarket Project |
| The Grassmarket Community Project | The GMP is the source of countless initiatives for regenerating and supporting the community. A tour will show how old church seating is recycled into beautiful ornaments and sold on to support the project and the community, while the herb gardens of Greyfriars Graveyard represent centuries of community action and regeneration. Students will then make hands on contribution to the one of the many current projects of the centre which may include; gardening, painting, creative writing and story telling |
| Evening Meal & Ceilidh | Rounding off our day at the wonderful Grassmarkets centre, we enjoy a hearty Scottish buffet dinner in the company of the GMP members and prepare for the grand finale of the trip – a breath-taking night of Scottish dancing and celebration in the Ceilidh! |



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Day 5 – Departure

| Activity | Description |
|--------------------------|--|
| Souvenir Shopping | Your guide will lead you to one of Edinburgh’s finest shopping districts where you can enjoy the city’s many fantastic retail experiences! |
| Airport Drop-off | Your dedicated CAS Trips tour guides will accompany you to your transport terminal and wave you off at the departure gate. |



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Have questions or need further information?

Get in touch



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