



**CASTrips**

*Creativity,  
Activity,  
Service*

Prague Sample Itinerary





## Creativity, Activity & Service

### Prague Sample Itinerary

*Please note, this is a sample itinerary - all destinations, activities and timeframes can be changed as needed. CAS Trips are 100% customizable to your needs. Contact us to find out more!*

#### Day 1 – Arrival

Activity	Description
<b>Airport Pick-up</b>	Your dedicated CAS Trips staff will meet you at Prague airport and take you directly to your accommodation for check-in via private coach transport.
<b>Rest &amp; Relaxation</b>	A chance to relax and unwind in the comfort of your accommodation.
<b>Walking Tour: Historical Prague</b>	A fascinating introduction to the incredibly diverse history and culture of Czech Republic in this interactive walking tour around Prague’s ancient streets.
<b>Evening Meal</b>	Enjoy traditional Czech cuisine in a medieval tavern.
<b>Student Challenges</b>	Students will be introduced to the CAS Trips Changemakers Challenge and our Reflection Workshop.



## Day 2 – Creativity & Service

Activity	Description
<b>Service Challenge: Sustainable Design Disco</b>	Hosted by Prague’s only Architecture and Design school, ARCHIP and professional design team Design Disco, students are challenged with the task of creating functional furniture and products, using only sustainable materials, to be donated to a local charity or community project.
<b>Lunch</b>	Enjoy an organic lunch.
<b>Service Challenge: Organic Urban Farming</b>	Following a tour of Kuchynka Urban Organic Farm and explanation of the organic processes, students will be tasked with working on current farm projects such as caring for livestock, planting and maintaining plants, harvesting and farm maintenance.
<b>Evening Meal</b>	Eat authentic Italian cuisine in our favorite local restaurant.
<b>Classical Music Concert</b>	Prague is world famous for its influence on the history of classical music and also its stunning classical music halls. We visit one of the finest, the spectacular 16th century Klementinum, for a one-hour orchestra performance of Vivaldi, Mozart, Dvorak and more.



## Day 3 – Activity

Activity	Description
<b>Day Trip: White Water Rafting</b>	We take a day trip out of Prague to the wild Bohemian countryside to participate in some adrenaline sports including some seriously fun white water rafting.
<b>Archery Competition</b>	In addition to white water rafting, students assemble into small teams to compete in an archery competition.
<b>Lunch</b>	A BBQ alongside by the river.
<b>Urban Treasure Hunt</b>	Students will use their instinct, navigational skills and newly acquired historical knowledge of Bohemia to roam Prague’s Old Town district in search of monuments, clues and hints which will unravel and solve the riddles of the Ancient Bohemian Urban Treasure Hunt.
<b>Evening Meal</b>	A glorious Chinese banquet buffet.
<b>Reflections Workshop</b>	Take the evening to reflect on the activities to date, facilitated by CAS Trips staff.



## Day 4 – Service

Activity	Description
<b>Pragulic Homeless Walking tour</b>	See Prague from a completely different perspective with one of Pragulic homeless guides. Visit a homeless colony and discover the hard truths behind life on the streets.
<b>Lunch</b>	Enjoy Asian and international cuisine for lunch.
<b>Service Challenge: The Homeless cooking challenge</b>	In cooperation with Prague’s most out-reaching homeless charity Nadeje, you will work as a team to plan, prepare, cook and distribute a meal for 50+ homeless in Nadeje’s homeless shelter. Communication and teamwork will be key as students work with a tight budget and 2-hour time limit.
<b>Evening Meal</b>	As well as serving the homeless in the shelter, you too will also eat the meal you cook tonight!



## Day 5 – Departure

Activity	Description
<b>Souvenir Shopping</b>	Your guide will lead you to one of Prague's finest shopping districts where you can enjoy the city's many fantastic retail experiences!
<b>Airport Drop-off</b>	Your dedicated CAS Trips tour guides will accompany you to your transport terminal and wave you off at the departure gate.



# CASTrips

Have questions or need further information?

## Get in touch



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