



CASTrips

*Creativity,
Activity,
Service*

Peru Sample Itinerary



Creativity, Activity & Service

Peru Sample Itinerary

Please note, this is a sample itinerary - all destinations, activities and timeframes can be changed as needed. CAS Trips are 100% customizable to your needs. Contact us to find out more!

Day 1 – Arrival

Activity	Description
Airport Pick-up	Your dedicated CAS Trips tour guides will meet you at Cusco’s Alejandro Velasco Astete International Airport.
Introductory Presentation	A talk with a local expert will help students understand the history of the area and what to expect over the coming days.
Evening Meal	Enjoy a typical Peruvian dinner.
Student Challenges	Students will be introduced to The CAS Trips Changemakers Challenge and our Reflection Workshop.



Day 2 – Creativity & Service

Activity	Description
Transfer to Pisac	After journeying through the bewitching Andean mountains, we arrive at our homestay in Kuyoc Chico-Pisac, located in the sacred valley of the Incas.
Service Challenge: Traditional House Construction	We immerse ourselves into Quechua life by learning how to construct a house using adobe clay bricks. Students will have to work in teams to create bricks in order to fix a local home.
Dinner	Enjoy a taste of the Andes with a traditional dinner with family hosts at the homestays.
Homestay	Students will experience how to live an ancient way of life and learn how booming tourism can impact upon native cultures both here and all around the world.



Day 3 – Creativity, Activity & Service

Activity	Description
Andean Farming	Accompanying their host family members, students will roll up their sleeves and head into the fields to harvest crops and learn about the Andean grains, products and farming cycles.
Sustainable Local Cooking Challenge	In teams and with the help of their host families, students will gather and use locally-sourced fresh produce and cook a meal using traditional methods.
Pisca Ruins Experience	Here, we visit a section of the ruins on the borders of Kuyoc Chico-Pisac before gathering with host families to engage in a series of storytelling rituals around the campfire.



Day 4 – Journey back to an ancient civilization

Activity	Description
Transfer	We wave goodbye to our host families and set off on our journey to Machu Picchu.
Awe-inspiring Train Journeys	One of the magical experiences of visiting Peru’s archeological wonder is the train journey winding through towering Andean mountains.
Aguas Calientes	Students will be able to enjoy some free time and have the opportunity to buy locally-made handicrafts from the markets in Aguas Calientes.
Evening Meal	Students will eat a hearty meal to prepare for the early wake up call as we set off in the early morning hours to one of the Wonders of the World.



Day 5 – Activity

Activity	Description
Hike to Machu Picchu	The 3-hour trek from Aguas Calientes up will be a challenge but the phenomenal sight of Machu Picchu at the end will make it all worthwhile!
Tour Around the Inca Ruins	Led by our expert local guide, students delve into the history of this remarkable archaeological site, uncovering fascinating stories that will make Machu Picchu come alive.
Evening Meal	After a bus transfer from Aguas Calientes, we enjoy another delicious traditional meal in Cusco.



Day 6 – Explore ‘The City of Kings’

Activity	Description
Transfer from Cusco to Lima	We take a short flight from Cusco to Lima and get a private transfer to our hotel.
Explore Lima	Students will get their last opportunity to enjoy some free time in Lima’s stunning historical center, accompanied by their guide.
Student Challenges	Students will continue their Changemakers Challenge to help communities and the environment in their home countries.
Final meal	We enjoy a final meal in Lima before tomorrow’s departure.



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Day 7 - Departure

Activity	Description
Departure	Our dedicated CAS Trips staff will accompany you to Lima's international airport in plenty of time for your flight home.



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Have questions or need further information?

Get in touch



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